



# **Ann Therese Varnell Strain**

JUL 19, 1963 - DEC 1, 2018



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## **Ann Therese Varnell Strain**

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**A**nn Therese Varnell Strain, 55, died peacefully at home December 1, 2018. She was a lifelong Memphian and the daughter of the late Henry Varnell of Memphis and Mary Ellen Varnell of Las Cruces, N.M. In addition to her mother, she is survived by two daughters, Victoria Strain and Meredith Strain, both of Memphis; a sister, Kay Ledbetter (Steve) of LaFayette, Georgia; a brother, Henry Varnell III (Margaret) of Nashville; her stepmother, Jeanne Varnell of Memphis; a three stepsisters, Ruthie Bernabe (Jose) of Memphis, Laurence Gammon (Atlanta, GA), Toni Dick and and her husband Quentin Heim (Saratoga, CA), a stepbrother, Daly Thompson III, of Los Angeles; and many loving nieces and nephews. Born July 19, 1963, she was branch office administrator for Edward Jones Financial Advisors and a member of Asbury United Methodist Church. She embodied the words of St. Paul to his disciple Timothy: “We may lead a quiet and tranquil life in all devotion and dignity. This is good and pleasing to God our savior.” Her family remembers her as a devoted daughter, sister, and aunt known for her life of love and kindness to others. Ann’s life revolved around the joy she found in her beloved family, her wide circle of cherished friends, her home and yard, her travels, and her two dogs. Thinking about others in unexpected and unheralded acts of caring characterized her entire life, and the night before her death, she celebrated Christmas and gave her gifts to her daughters, who now move forward with the greatest gift of all: her example in their own lives. Services will be held Saturday, December 8, at Asbury United Methodist Church, 2969 South Mendenhall Road in Memphis, with visitation from 1-3 p.m. and services at 3 p.m. In lieu of flowers, the family requests contributions to St. Jude Children’s Research Hospital <http://giftfunds.stjude.org/annstrain> Arrangements have been entrusted to Memorial Park Funeral Home and Cemetery, 5668 Poplar Ave., Memphis, TN 38119 (901) 767-8930. “Celebrating Life... Behind the Stone Wall”.



## Tribute Wall

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**Joan Allison** posted:

I knew Ann when we were school children at Newberry Elementary. I also knew her because we were on the softball team that her dad coached right there on the Asbury lawn (I think there's a building there now). She was always sweet and kind. God bless all who loved her.

October 7 at 11:26 AM



**A Friend In Memphis** posted:

Sweet and selfless... always putting others first. God bless you dear Ann – I know you are in His presence. You will be missed by so many, because so many have been blessed by knowing you.

December 5 at 5:53 PM



# **Memories only last if you share them**

Join us in honoring Ann by contributing to a collection of shared memories.



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